

002-1201: Taikyoku Jodan

Summary

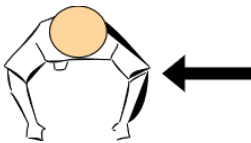
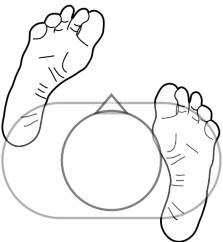
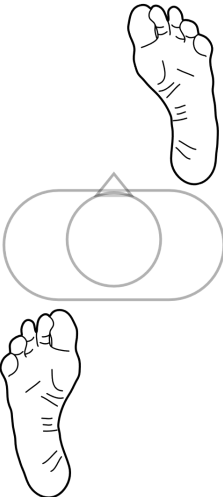
The first of the taikyoku series, this leads well on from 4 way pattern block-step-punch.

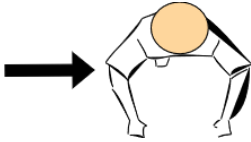
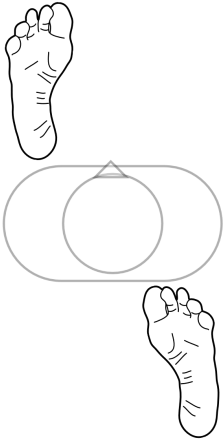
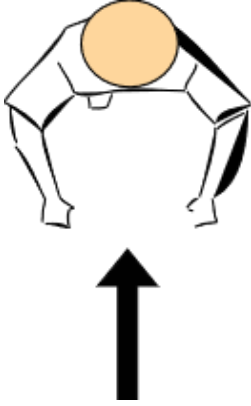
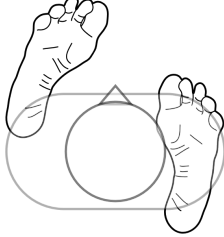
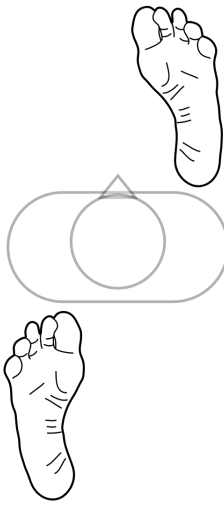
Type	Pattern
Sub-Type	Kata
Introduced at	9th Kyu

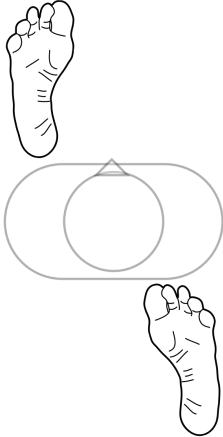
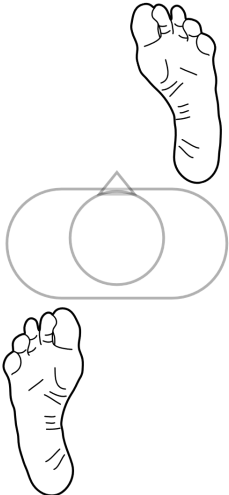
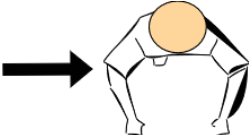
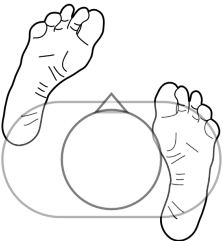
Video

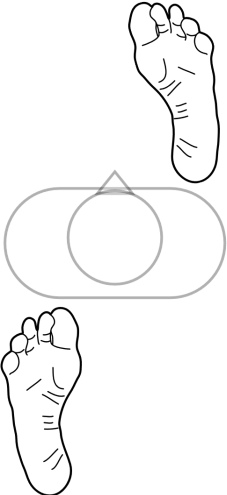
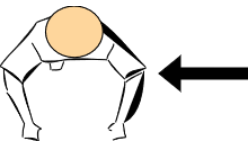
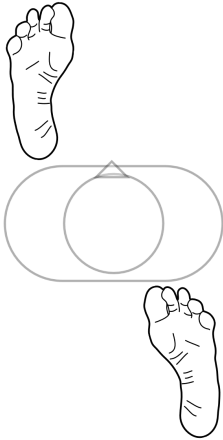
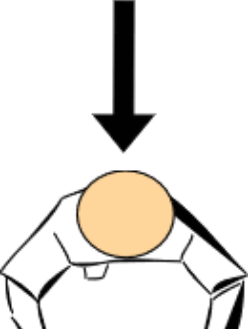
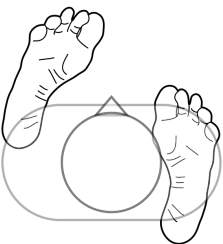
<https://www.youtube.com/embed/OpjOQNX5E7I?si=bTo6UxFHgJa0RtKW>

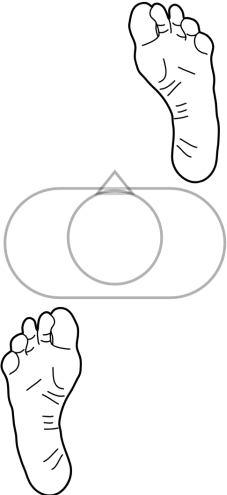
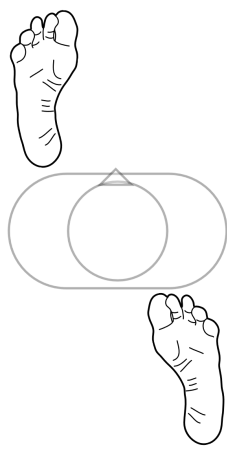
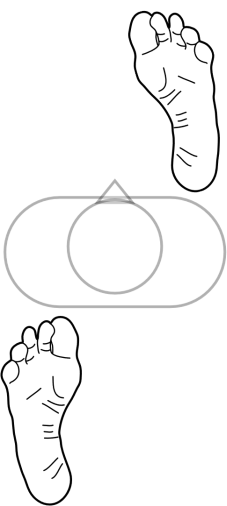
Pattern

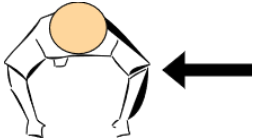
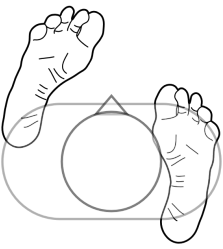
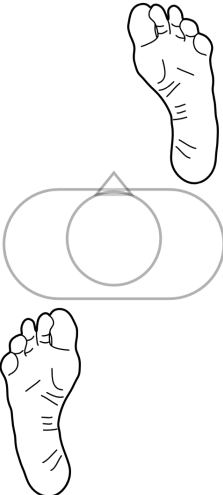
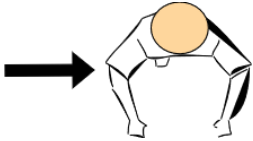
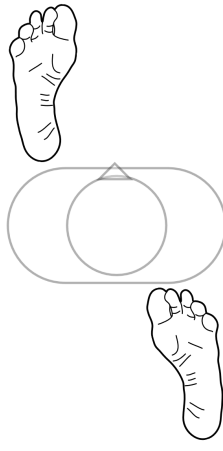
	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from yoi L Upper Block¹	1 - Moving arm up to expose armpit
2		 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹	1 - L auxillary area (Under armpit)

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 R Short Stance	Eyes: 12 O'Clock Rotating clockwise from previous count R Upper Block¹	1 - Moving arm up to expose armpit
2		 L Deep Lunging Stance	Eyes: 12 O'Clock L Upper Punch¹	1 - R auxillary area (Under armpit)
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from previous count L Upper Block¹	1 - Moving arm up & offline
2		 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹	1 - Under the chin (Point 9/10)

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
3	 L Deep Lunging Stance	Eyes: 12 O'Clock L Upper Punch¹	1 - Under the chin (Point 9/10)	
4	 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹ Ki-Ai on 1	1 - Under the chin (Point 9/10)	
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from previous count, back-foot goes around from Deep Lunging L Upper Block¹	1 - Moving arm up to expose armpit

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
2	 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹	1 - R auxillary area (Under armpit)	
1		 R Short Stance	Eyes: 12 O'Clock Rotating clockwise from previous count R Upper Block¹	1 - Moving arm up to expose armpit
2		 L Deep Lunging Stance	Eyes: 12 O'Clock L Upper Punch¹	1 - R auxillary area (Under armpit)
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter- clockwise from previous count, back- foot goes around from Deep Lunging L Upper Block¹	1 - Receiving a strike from previous stance, moving arm up and behind the body into a lock

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
2	 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹	1 - Striking the thoracic vertebrae upwards.	
3	 L Deep Lunging Stance	Eyes: 12 O'Clock L Upper Punch	1 - Striking the thoracic vertebrae upwards.	
4	 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹ Ki-Ai on 1	1 - Striking the thoracic vertebrae upwards.	

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from previous count L Upper Block¹	1 - Moving arm up to expose armpit
2		 R Deep Lunging Stance	Eyes: 12 O'Clock R Upper Punch¹	1 - R auxillary area (Under armpit)
1		 L Short Stance	Eyes: 12 O'Clock Rotating clockwise from previous count R Upper Block¹	1 - Moving arm up to expose armpit
2		 R Deep Lunging Stance	Eyes: 12 O'Clock L Upper Punch¹	1 - R auxillary area (Under armpit)

Revision #6

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