

002-1202: Taikyoku Chudan

Summary

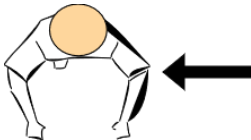
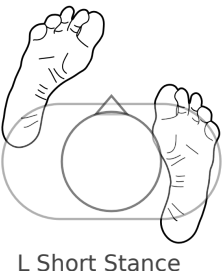
The second of the Taikyoku series, this introduces Chudan Uke in a more practical sense & some of the traps that can be utilised with it.

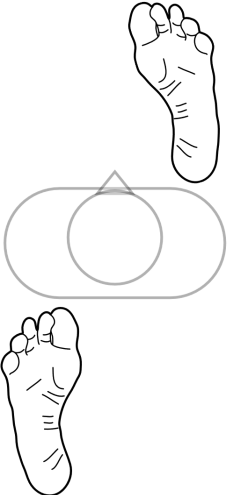
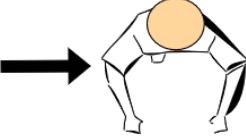
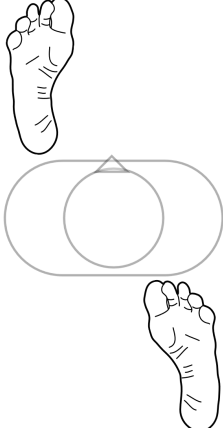
Type	Pattern
Sub-Type	Kata
Introduced at	8th Kyu

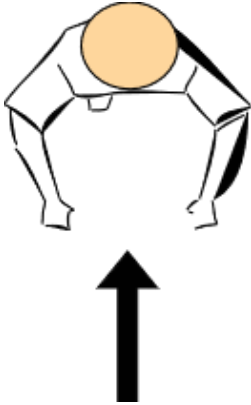
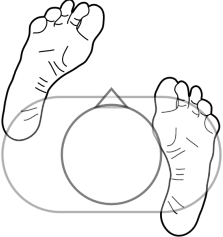
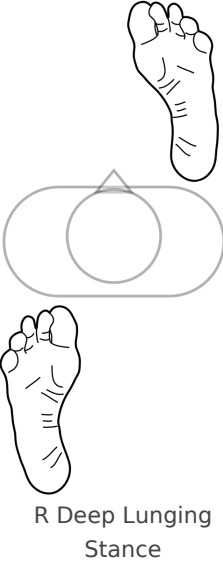
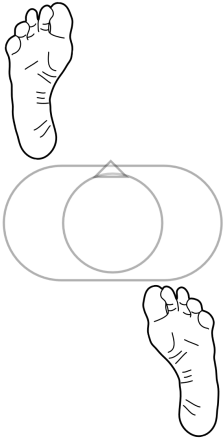
Video

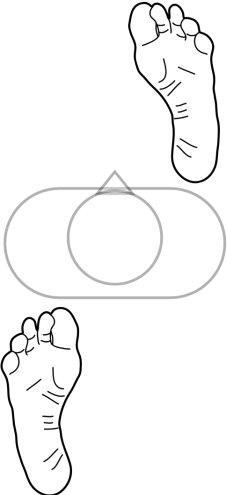
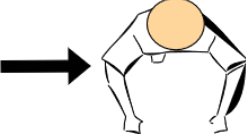
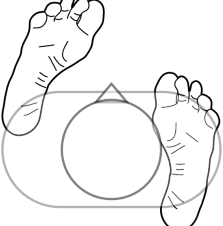
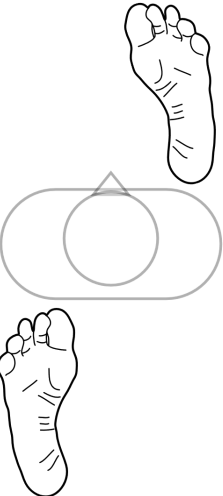
<https://www.youtube.com/embed/6lInUSRtCDE?si=k-dfuPjejCATaBOg>

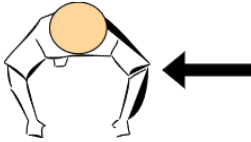
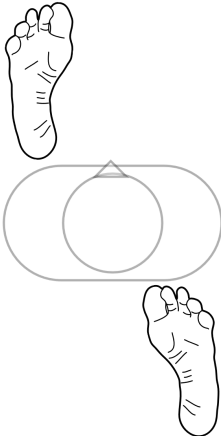
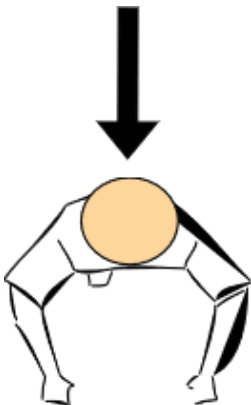
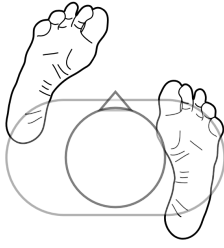
Pattern

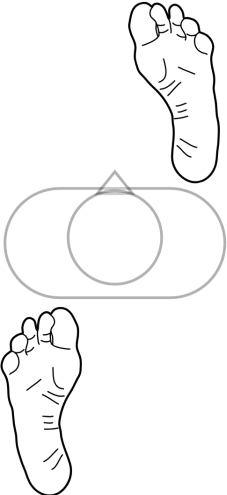
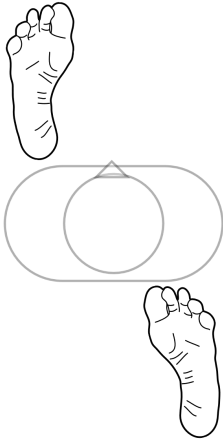
	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from yoi L Middle Block¹	1 - Moving arm across to expose ribs

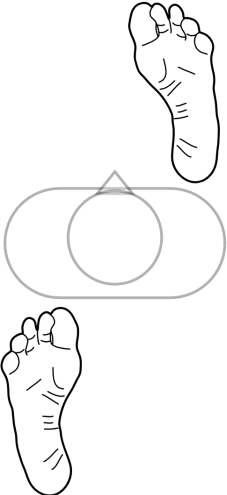
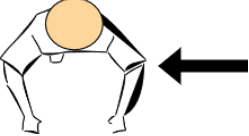
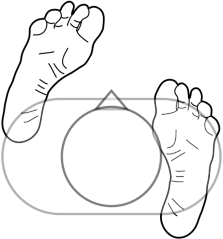
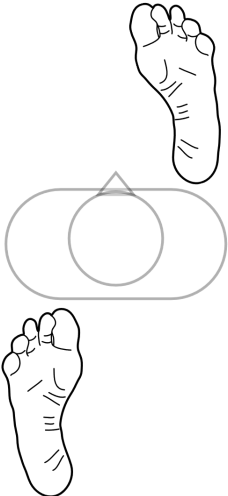
	Enbu-sen	Stance	Technique	Vital Points / Bunkai
2	 R Deep Lunging Stance	Eyes: 12 O'Clock R Middle Punch¹	1 - L kidneys	
1	 R Short Stance	Eyes: 12 O'Clock Rotating clockwise from previous count R Middle Block¹	1 - Moving arm across to expose ribs	
2	 L Deep Lunging Stance	Eyes: 12 O'Clock L Middle Punch¹	1 - R kidneys	

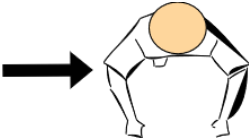
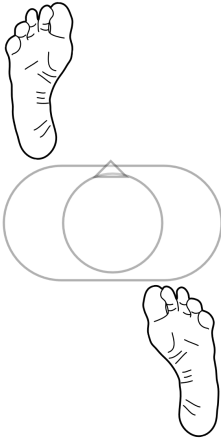
	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 L Short Stance	Eyes: 12 O’Clock Rotating counter-clockwise from previous count L Middle Block¹	1 - Moving arm across to expose chest
2		 R Deep Lunging Stance	Eyes: 12 O’Clock R Middle Punch¹	1 - Xiphoid process
3		 L Deep Lunging Stance	Eyes: 12 O’Clock L Middle Punch¹	1 - Xiphoid process

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
4	 R Deep Lunging Stance	Eyes: 12 O'Clock R Middle Punch¹ Ki-Ai on 1	1 - Xiphoid process	
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from previous count, back-foot goes around from Deep Lunging L Middle Block¹	1 - Moving arm across to expose ribs
2		 R Deep Lunging Stance	Eyes: 12 O'Clock R Middle Punch¹	1 - R kidneys

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 R Short Stance	Eyes: 12 O'Clock Rotating clockwise from previous count R Middle Block¹	1 - Moving arm across to expose ribs
2		 L Deep Lunging Stance	Eyes: 12 O'Clock L Middle Punch¹	1 - L kidneys
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter- clockwise from previous count, back- foot goes around from Deep Lunging L Middle Block¹	1 - Receiving a strike from previous stance, moving arm over and behind the body into a lock

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
2	 R Deep Lunging Stance	Eyes: 12 O'Clock R Middle Punch¹	1 - Tailbone	
3	 L Deep Lunging Stance	Eyes: 12 O'Clock L Middle Punch¹	1 - Tailbone	

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
4	 R Deep Lunging Stance	Eyes: 12 O'Clock R Middle Punch¹ Ki-Ai on 1	1 - Tailbone	
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from previous count L Middle Block¹	1 - Moving arm across to expose ribs
2		 R Deep Lunging Stance	Eyes: 12 O'Clock R Middle Punch¹	1 - L kidneys

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 R Short Stance	Eyes: 12 O’Clock Rotating clockwise from previous count R Middle Block¹	1 - Moving arm across to expose ribs
2		 L Deep Lunging Stance	Eyes: 12 O’Clock L Middle Punch¹	1 - R kidneys