

002-1205: Taikyoku Mawashi

Summary

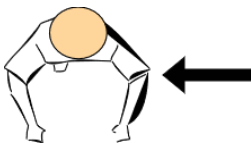
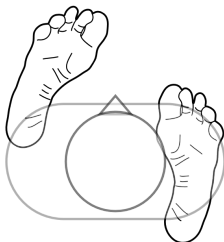
The last of the taikyoku series, this introduces the common combination through the later kata (elbow, backfist, lower block, punch) & moving from high stances to low smoothly

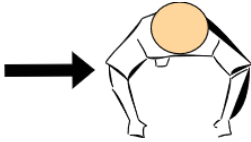
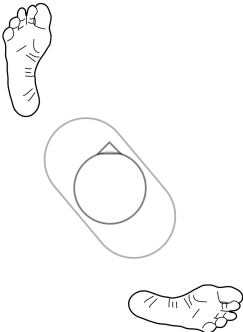
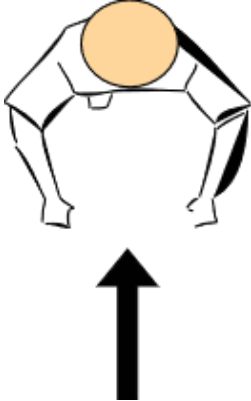
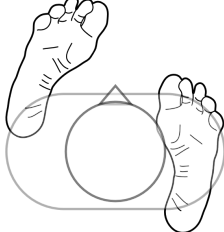
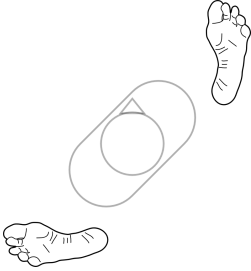
Type	Pattern
Sub-Type	Kata
Introduced at	6th Kyu

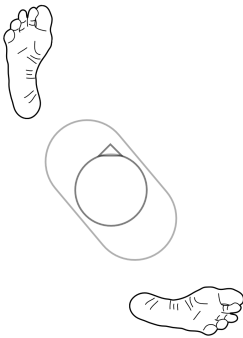
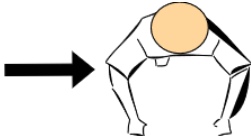
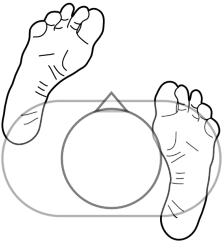
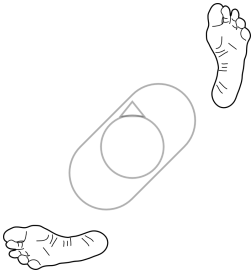
Video

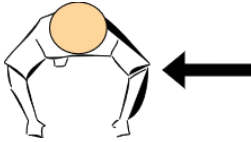
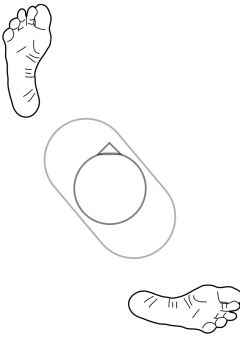
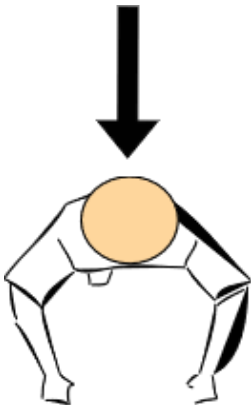
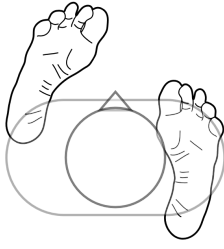
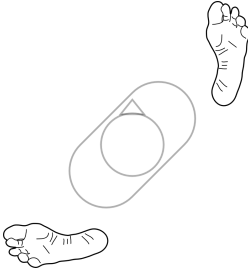
<https://www.youtube.com/embed/dljT9lm80lk?si=MBJAWOwnCDyz3Ymk>

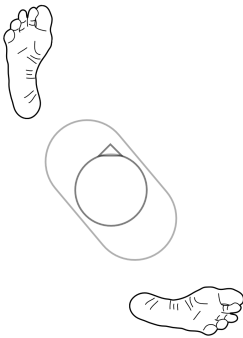
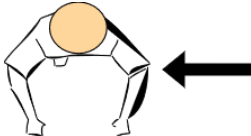
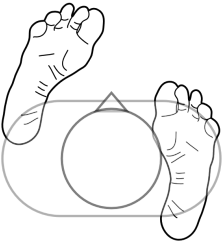
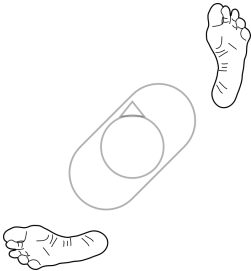
Pattern

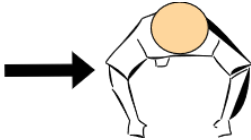
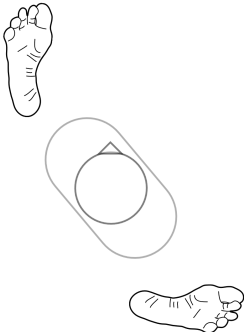
	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from yoi L Mawashi Uke¹	1 - Receiving a middle strike, utilise the push trap motion of Mawashi to turn into a arm lock on the right of the person's body.
2		 R 45° Lower Stance	Eyes: 12 O'Clock Stepping forward from previous R Roundhouse Elbow Strike¹, R Backfist², R Lower Block³, L Reverse Lower Punch⁴	1 - From previous count's arm lock, round elbow strike to the back of the head 2 - Backfist to ear 3 - Pushing behind the shoulders to disrupt balance for a throw 4 - Final strike.

	Enbu-sen	Stance	Technique	Vital Points / Bunkai
1		 R Short Stance	Eyes: 12 O'Clock Rotating clockwise from previous count R Mawashi Uke	1 - Receiving a middle strike, utilise the push trap motion of Mawashi to turn into a arm lock on the left of the person's body.
2		 L 45° Lower Stance	Eyes: 12 O'Clock Stepping forward from previous L Roundhouse Elbow Strike¹, L Backfist², L Lower Block³, R Reverse Lower Punch⁴	1 - From previous count's arm lock, round elbow strike to the back of the head 2 - Backfist to ear 3 - Pushing behind the shoulders to disrupt balance for a throw 4 - Final strike.
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3	 L 45° Lower Stance	Eyes: 12 O'Clock Stepping forward from previous L Roundhouse Elbow Strike¹, L Backfist², L Lower Block³, R Reverse Lower Punch⁴		
4	 R 45° Lower Stance	Eyes: 12 O'Clock Stepping forward from previous R Roundhouse Elbow Strike¹, R Backfist², R Lower Block³, L Reverse Lower Punch⁴ Ki-ai on 4		
1		 L Short Stance	Eyes: 12 O'Clock Rotating counter-clockwise from previous count, back-foot goes around from lower stance L Mawashi Uke	1 - Receiving a middle strike, utilise the push trap motion of Mawashi to turn into a arm lock on the left of the person's body.
2		 R 45° Lower Stance	Eyes: 12 O'Clock Stepping forward from previous R Roundhouse Elbow Strike¹, R Backfist², R Lower Block³, L Reverse Lower Punch⁴	1 - From previous count's arm lock, round elbow strike to the back of the head 2 - Backfist to ear 3 - Pushing behind the shoulders to disrupt balance for a throw 4 - Final strike.

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